



## **sensbalance** *Fitness Board Therapy Chair & Cushion* *with Exercise, Measure and Game software*



A new, interactive piece of training equipment with meaningful exercise software, easy-to-understand measuring software and exciting game software. Balance, reactive power and coordination are trained in both standing and sitting positions. For Fitness, Prevention and Therapy.

**Sensamove** is a young, dynamic and innovative company that develops and produces interactive exercise equipment. Sensamove wants to encourage exercising by making it more fun, exciting and its results readily measurable.

  
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## Sensbalance Fitness Board

On the tilting **Fitness Board** the exercises are done in a standing position with a handrail to provide safety. The controls can be operated at eye level, using a touch screen. With workouts for ankles, knees, legs, hips and back, reactive power, posture, coordination, stability and balance are exercised.



## Sensbalance Therapy Chair & Cushion

The tilting seat of the **Therapy Chair** and the **Therapy Cushion** provide a safe and effective way to exercise the pelvic area and the lower back muscles in a sitting position in order to regain suppleness and improve posture.



## Sensbalance Game Software

The Sensbalance Game Software adds a game element to the exercises. Suddenly, exercising becomes exciting. It adds a complete new dimension to the often tedious fitness or therapy exercises. The results of the exercises can be followed on the screen. Exciting game levels challenge and encourage users to exercise more specific areas. The pleasure of the game and the satisfaction of achieving subsequent levels have a positive influence on the frequency, persistence and effect of the exercises, either individually or in a group!



## Sensbalance Measuring & Exercise Software

Sensors register the tilts of the Board, the seat of the chair and the cushion. The Sensbalance Measuring & Exercising Software shows these results on a screen either during or right after the exercises. As a result of the visual feedback the exercises become more comprehensible and balance and body stability can be exercised interactively and thus more efficiently.



## Software supplements

The software collection will be supplemented with exciting games, varying exercises and functional analysis and reporting software on a regular basis in order to continuously meet the diverse demands of the user.



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